

## **Training Opportunities**

Imagine...a suicide-safer community

safeTALK is a program that connects people with thoughts of suicide to caregivers who can support them. The "safe" in safeTALK stands for "suicide alertness for everyone" while the TALK in safeTALK stands for "Tell, Ask, Listen and KeepSafe".



By the end of the training, participants will be better able to:

- · Move beyond common tendencies to miss, dismiss, or avoid suicide;
- Recognize people who have thoughts of suicide; and,
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with thoughts of suicide to a suicide first-aid intervention caregiver (LivingWorks, 2015).

When: Tuesday, March 16, 2021

8:00am - 12:00pm

Wednesday, April 21, 2021

8:00am-12:00pm



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